CHESHIRE WOMEN'S HOCKEY LEAGUE

Information Booklet

2015-2016

LEAGUE COMMITTEE

CHAIRMAN Dawn Harrington

45 Falstone Close, Gorse Covert, Warrington, WA3 6SU

Tel: 07951019530

E-Mail: dawnsteveh23@ntlworld.com

VICE CHAIRMAN Artie Senior

2 Willow Grove, Whitby, Wirral, Cheshire, CH66 2PJ

Tel: 0151 355 7719

E-Mail: artie.senior@ntlworld.com

TREASURER Toby Broome

Brooms Farm, Wincle, Macclesfield, SK11 0QL

Tel: 01260 227734

E-Mail: tobybroome@me.com

SECRETARY Louise Broome

Brooms Farm, Wincle, Macclesfield, SK11 0QL

Tel: 01260 227734 or 07899950337 E-Mail: louisebroome@me.com

FIXTURES LIVE Lucy Hargreaves

6 Arden Lodge Road, Brooklands, Manchester, M23 9AE

Tel: 07811 398184

E-Mail: lucyh78@hotmail.com

UMPIRE Trisha Mills

SECRETARY 39 Rockingham Close, Gorse Covert, Warrington

Tel: 01925 817468 / 07702 836675

DIVISIONAL SECRETARIES

Division One Artie Senior, 2 Willow Grove, Whitby, Wirral, Cheshire, CH662PJ

Tel: 0151 355 7719 Email: artie.senior@ntlworld.com

<u>Division Two</u> Mary Bainbridge, 100 Jeffreys Road, Wrexham, LL12 7PS

Tel: 01978 359639 Email: Mary.bainbridge2@btinternet.com

<u>Division Three</u> Lesley Wilson, 42 Victoria Road, Newton Le Willows, WA12 9RL

Tel: 01925 224208 Email: jlwilson@blueyonder.co.uk

<u>Division Four</u> Julie Skinner, 1 Heather Court, Elcho Road, Bowdon, WA14 2TJ

Tel: 07738109367 Email: julieski3@live.com

<u>Division Five</u> June Brassington, 31 Prestbury Avenue, Altrincham, WA15 8HY

Tel: 061 928 5859 Email: junehockey@hotmail.co.uk

Dates of CWHL Committee Meetings for Season 2015-2016

24th August 2015

14th September 2015

12th October 2015

9th November 2015

14th December 2015

1st February 2016

14th March 2016

INFORMATION FOR CLUBS

REGISTRATION OF PLAYERS

TO BE SENT TO **LOUISE BROOME (SECRETARY) (SEE PAGE 2)** ON THE FORM PROVIDED BY THE FOLLOWING DATES $1^{\rm ST}$ REGISTRATION IN BY $5^{\rm TH}$ SEPTEMBER 2015 2ND REGISTRATION IN BY $1^{\rm ST}$ JANUARY 2016

LEAGUE FEES

To be paid by 31st May each year SENIOR TEAMS £35 per team

Clubs must be affiliated to England Hockey and their County Association to participate in National, Territorial or County Hockey Competitions.

Also individual players can only participate in County matches or trials if their club is affiliated.

C.H.A FEES

(Incorporating North affiliations to be paid direct to CHA upon receipt of invoice)

£20 per club

Plus £40 per Senior Team

TOURNAMENT FEES

Entry to the September tournament is £30. The April tournament is £30

UMPIRING & COACHING

UMPIRING

Umpiring Secretary

Trisha Mills. 39 Rockingham Close, Gorse Covert, Warrington Tel: 01925 817468 (Home), 07702 836675 (Mobile)

Courses for Level 1 Candidates

Courses will be arranged during the season and details will be sent to clubs. For any additional information please contact the Umpires Secretary.

ALL UMPIRES

Clubs and particularly team captains should make sure umpires have a copy of the 2015-2016 Rules of Hockey These are available from either Trisha Mills or direct from the EHB. (There is a charge for these.)

DISCIPLINE/PITCHSIDE CONDUCT

The attention of all players, umpires, club officials & spectators is drawn to the *EHA its regulations for the enforcement of discipline and guidance notes for pitch side conduct.*

IT IS A CLUBS DUTY TO ENSURE ITS PLAYERS, OFFICIALS AND SPECTATORS ARE MADE AWARE OF THEIR RESPONSIBILITY FOR PROMOTING GOOD CONDUCT AND FOR ENFORCING DISCIPLINE WHERE NECESSARY.

DISCIPLINE ADMINISTRATION

Umpires are required to immediately report the award of a red card (in any game) to the Discipline Administrator and will be required to complete a Red Card Report to enable a decision to be made by the Discipline Administrator on the penalty to be awarded.

CLUBINFORMATION

ALDERLEY EDGE

The Edge Pitch, Wilmslow Road, Alderley Edge, SK9 7QN

Exit A34 towards Alderley Edge. The pitch is 0.1 miles on the left hand side.

Wilmslow High School, Holly Road, Wilmslow

From M60 take A34 southbound towards Wilmslow. Straight cross first traffic lights and next 5 roundabouts. At the 5th roundabout sign posted right towards Wilmslow go straight across. Approx half mile next and 6th roundabout turn right into school car park. Follow road through car park around the school to park next to the pitch.

From the South go through Alderley Edge take A34 dual carriage way, at first roundabout turn left into school car park.

Secretary: Gemma Garton, 2 Tollbar Road, Macclesfield, Cheshire, SK11 8TY

Tel: 01625 5022252 or 07761 960018

gvagarton@hotmail.com

Fixture Sec: As above

1st Team Manager: Manjit Wolstenholme

Tel: 07767310843

Manjit.wolstenholme@btinternet.com

2nd Manager: Andy Park

07595281614

andy.park@hurstwoodholdings.com

4th Team Captain: As 2nd 3rd Team Captain: As 2nd 5th Team Captain: As 2nd 6th Team Captain: As 2nd

BEBINGTON

The Oval, Old Chester Road, Bebington, Wirral, CH63 7LF Telephone 01560 62010

Leave M53 at Junction 4 Follow signs to Bebington then left at first traffic lights (Three Stags Pub) continue through roundabout, continue to railway bridge, traffic lights at bottom of hill turn Left, Oval is approx 300 yds on Left hand side, Changing rooms and access to pitch behind main athletics stand

Secretary: Dave Wylde

dkwylde@gmail.com

Fixture Sec: Peter McInulty

petermcinulty@gmail.com

1st Team Captain: Lisa Thomas, 7 Kinnerley Road, Whitby, Ellesmere Port, CH65 6SR

Tel: 07763841411

Lisa.thomas13@live.co.uk

BOWDON

Bowdon Hockey Club South Downs Road Bowdon Telephone 0161 928 1358

From South: Leave M6 at junction 19. Follow A56 Manchester (for approx 5 miles) through two sets of traffic lights until reaching roundabout. Go straight over onto A56 Altrincham. At the 1st set of traffic lights turn right onto B5160. Approx. ¾ mile turn right onto South Downs Road. Club is 200yds on right hand side.

Alternative pitch Devisdale Altrincham Grammar school for girls.

From South: Leave M6 at junction 19. follow A556 Manchester (for approx 5 miles) through two sets of traffic lights until reaching roundabout. Go straight over onto A56 Altrincham. At the 1st set of traffic lights turn right onto B5160. Approx ½ mile turn left onto Richmond Hill at the top of the hill turn left, go straight passed Griffin Pub. After 600yards turn right into Garden Courts pitch at the bottom.

BROOKLANDS POYNTON

Brooklands Sports Club (Dragons Health Club) Georges Road, Sale, M33 3NL Telephone 0161 972 8999

From M60 junc 6 take exit for A6144 Old Hall Rd, sign posted Sale. Go through lights and past Holy Family R.C. school on left. Take lefthand fork at Holy Family church (one way). Bear right through one way section to take righthand fork onto Northenden Rd. Go past large pub on left called Legh Arms. Road splits keep in left hand lane (straight on) onto Marsland Rd. Go straight over mini roundabout. Gompast pub on left called Sale Hotel. Go past Sale Grammar school on right. At cross roads turn left onto Georges Rd, entrance to club at the end of Georges Rd with access via LA Fitness Gym facility

Secretary: Melaine Smith, 50 Dane Road, Sale, M33 7AZ

Tel: 07815694086

Melaine_smith89@hotmail.co.uk

Fix Sec: Contact captain

1st Team Captain: Helen Turner, 3 Milner Avenue, Broadheath, Altrincham

Tel: 07866505596

harmishaw@hotmail.com

2nd Team Captain: Lindsay Standish

Tel: 07725144099 linzistand@yahoo.co.uk

3rd Team Captain: Pam Dixon, 121 Norris Road, Sale M33 3GS

Tel: 07900432962

Pamela.dixon@taylorshaw.com

BUCKLEY

Buckley Sports Centre, Buckley, Flints. Telephone 01244 546458

From Chester or M53: Follow A55 North Wales. After 10 miles A55 forks left with 1st Buckley sign, ignore this, stay on dual carriageway round sharp right-hand bend. After bend keep to left hand lane, exit dual carriageway. Follow Buckley signs. At roundabout take 1st exit signposted Buckley. Through traffic lights. Sports centre is approx 200 yards on right.

Secretary: Beth Pickering, 13 Corwen Way, Pen Y Ffordd, Flintshire CH4 0JW

Tel: 07532185374

Beth.pickering@icloud.com

Fixture Sec: Nia Sherrick, 26 Mountain View, Mynydd Isa, Buckley, Flintshire, CH7 6XX

Tel: 07527407538 niasherrick@aol.co.uk

1st Team Captain: Emma Spence, Braesfield, Spon Green, Buckley, Flintshire, CH7 3BL

Tel: 07876782161 Bubz 13@hotmail.co.uk

CHESTER

The Pavillion, Mannings Lane North, Upton, Chester Telephone 01244 318167

Directions from M6

From M6 junction 20 onto the M56 and exit junction 15 onto M53. take 1st exit off M53 signposted Mickle Trafford/Chester, and then take 3rd exit at roundabout signposted Chester. Again take 3rd exit at roundabout signposted Upton A41 Chester Zoo, Hospital.

Move across into right hand lane of the dual carriageway and turn 1st right signposted 'Cheshire County Outdoor Facilties' into Mannings Lane North. Turn 1st left into Sports Ground.

Directions from A41 North

Through Upton passing the petrol station and shopping parade on the right. After approx. 1.5 miles go under a footbridge, road bends to the left. Turn 1st left into Mannings Lane North posted 'Cheshire County Council Outdoor Sports Facilities'.

Changing and refreshments are now at the Pavillion which is at the same site as the pitches.

Secretary: Jessica Dale, 6 Jamieson Close, Vicars Cross, Chester, CH3 5JU

Tel: 07964317748

Jessicadale91@gmail.com

Fix Sec: Sarah Mallion, 24 Blandford Drive, Northwich, CW9 8UD

Tel: 07887841322

Sarah.mallion@sky.com

1st Team Captain:

2nd Team Captain: Mel Kawycz, 12 Talbot Road, Dunham on the Hill, WA6 0JW

Tel: 07899872525

melaniekawycz@hotmail.co.uk

3rd Team Captain: Abbey Hunter, 8 Neville Road, Chester, CH3 5TP

Tel: 07788378165

Abbeyhunter18@aol.com

4th Team Captain: Marion Ardron, 50 Mill Lane, Chester, CH2 1BT

Tel: 07976946285

Marion.savill@giotto-group.co.uk

CREWE VAGRANTS

Crewe vagrants Sports Club, Newcastle Road, Willaston, Nantwich, CW5 7EP Telephone 01270 569506

From M6 junction 16 leave the motorway, follow A500 towards Nantwich. At 4th roundabout (approx 7 miles) take 1st exit. Crewe Vagrants Sports club is on the right after approx 440 yards.

Secretary: Katie Gibbs, 105 Birchin Lane, Nantwich

Tel: 07866625822

kjgibbs@doctors.net.uk

Fixture Sec: Georgie Brown

Tel: 07572526935

georgie.brown54@btopenworld.com

1st Team Captain: Laura Newton

Tel: 07771344736

Laura.newton@ecb.co.uk

2nd Team Captain: Bev Jackson

Tel: 07795343730 Bev.jackson@fsmail.net

3rd Team Captain: Donna Brown

Tel: 07966541558

Donna.brown54@btoenworld.com

DEESIDE RAMBLERS

Gardenhurst Estate, Whitchurch Road, Tiverton, Tarporley, CW6 9NA Telephone 01829 732220

Directions to Clubhouse and pitch.

From M56 junction 10 take A49 towards Tarporley/Whitchurch. After travelling approx 15 miles (passing 4 sets of traffic lights and 1 roundabout) go straight over 2nd roundabout (at bottom of hill), by passing Tarporley and heading for Whitchurch. At next set of traffic lights (Red Fox pub on your right) turn right onto A49 towards Whitchurch. After approx ½ mile the road widens with a filter lane right – there is a slippery road sign (on left) and 40 mph speed limit. Turn right into grounds and follow road round to the left.

Directions to Malbank High School pitch, Welsh Row, Nantwich, CW5 5HD

Directions from Deeside Club house. Turn left onto A49; turn right at lights (by Red Fox pub) onto A51 to Nantwich. Travel for approx 7 miles. Go through traffic lights. Go under bridge and immediately turn left. Pitch is approx 400 yards on left, school and car park on the right. Please note there are no changing or toilet facilities at this pitch.

Directions to Shavington Leisure Centre, Rope Lane, Shavington, Crewe, CW2 5DJ Telephone 01270 537293 From Tarporley – A51 to Crewe/M6. At traffic lights turn left (pass Reaseheath College on left). At roundabout take 2nd exit onto A500. Next roundabout take 3rd exit A500. Next roundabout take 1st exit onto A534 to Crewe town centre/ station. At 1st set of lights (approx 1 ½ miles) turn right into Rope Lane, signposted Shavington Leisure Centre. Over railway bridge (through traffic lights) school is on right.

From M6 – exit Junction 16, A500 towards Chester, continue on A500 over 4 roundabouts at 5th roundabout take 3rd exit onto A534 and continue as above.

Secretary: Nicky Stammers, 3 Plemstall Way, Mickle Trafford, Chester, CH2 4QJ

Tel: 01244 301805 or 07751553670

ngray@btinternet.com

Fixture Sec: Anne Allwood, 66 Dodington, Whitchurch, SY13 1EN

Tel: 07779153888

anneallwood@hotmail.co.uk

1st Team Captain: Kate Etherington, Wyche House, Wyche Lane, Bunbury, CW6 9PS

Tel: 07743637625

Kate etherington@hotmail.co.uk

2nd Team Captain: Sarah Chalmers, Broome Cottage, Kelsall Road, Ashton Hayes, CH3 8BH

Tel: 07815833052

Haggis03@btinternet.com

3rd Team Captain: Hayley Barker, 4 Abbots Road, Waverton, CH3 7NJ

Tel: 07702842062 Park122@hotmail.com

GOLBORNE

Golborne Sports & Social Club, Stone Cross Lane, WA3 2SE

From the WEST

East Lancashire Road, A580 (Junction 23, M6) towards Manchester, through 1st island and after approx. 1 mile turn left at McDonalds/Lights. At roundabout turn 3rd right into Stone Cross Lane. Approx. 1/2 mile, Signposted to Club, Simpsons Playing Fields, (Concealed entrance between houses on the left).

From the EAST

A580, East Lancashire Road, to Liverpool A580 "The Queens Arms", traffic lights straight ahead, (Signposted Liverpool). A580, "Greyhound Hotel" at roundabout take second exit, staying on A580. Turn right at Travel Inn / McDonalds traffic lights. At roundabout turn 3rd right into Stone Cross Lane. Approx. 1/2 mile, Signposted to Club, Simpsons Playing Fields, (Concealed entrance between houses on the left).

Secretary: Iain Morley, 7 Sandling Drive Golborne, WA3 3WF

Tel: 07894387827 <u>Iain 73@hotmail.com</u>

Fixture Sec: Bethan Simpson

Bethan simpson 9@hotmail.com

1st Team Captain: Debs Taylor

Tel: 07967594864

2nd Team Captain: Kathryn Mills/Jess Bradley

Tel: 07931997556 07706477558

Kathryn 22 04@hotmail.com jessbradley27@yahoo.co.uk

KNUTSFORD

Knutsford Leisure Centre, Westfield Drive, Knutsford, Telephone 01565 653321

From M6 junction 19, follow Knutsford directions. Cross over the motorway and after approx 400 yards take a right turn into either Lilac Avenue or Acacia Avenue. At the end of the road turn left and over speed bumps. Follow round to the right and the Leisure Centre is on the right.

From Knutsford town centre at the large roundabout with White Bear Pub on the corner. Turn right into Gaskill Avenue. At next junction go straight across and take the fork to the right. Leisure Centre is on the right

Secretary: Janice Tasho, 99 Mereheath Park, Knutsford, WA16 6AP

Tel: 01565 631044 or 07795617806

imtasho@hotmail.co.uk

Fixture Sec: TBC

1st Team Captain: Sarah Crabtree

LYMM

Lymm High School, Oughtrington Lane, Lymm, WA13 0RB Telephone 01925 758316

Leave M56 at junction 7-8 and straight ahead into A56 after 4.4 miles you enter Lymm village after 180 yards turn right onto Oughtrington Lane. After 431 yards you will have arrived at the school.

Broomfields Leisure Centre, Appleton, Warrington, WA4 3AE

From M56 junction 10, A49 Tarporley Road, 1st roundabout take 2nd exit (A49), 4th turning on the right (Broomfields Road). Leisure centre is at the bottom on the right.

Secretary: Katy Arber, 32 Oxford Street, Warrington, WA4 1HD

Tel: 07786158462 katyarber@hotmail.co.uk

Fixture Secretary: Amy Heywood (1's and 2's) Pip Horne (3's,4's,5's)

Tel: 07850768368 07792594740

amyheywood@hotmail.com pip.speakup@gmail.com

1st Team Captain: Lisa Hartley-Woodrow, 15 Regent Avenue, Padgate, Warrington, WA1 4JJ

Tel: 07727600174

Lisa 20 01@hotmail.co.uk

2nd Team Captain: Katy Arber

As secretary

3rd team Captain: Sarah Lyons, 49 Medway Road, Culcheth, Warrington

Tel: 07984327013

Sarahlyons0709@icloud.com

4th Team Captain: Jeanette Hine, 45 Highfield Road, Lymm, WA13 0DS

Tel: 07724177166

eminetandwoo@talktalk.net

5th Team Captain: Julie Antonelli, 12 Manor Road, Lymm, WA13 0AY

Tel: 07711084705

Julie.antonelli@hotmail.co.uk

MACCLESFIELD

Tytherington High School, Beech Lane, Macclesfield

From Knutsford, Wilmslow

Enter Macclesfield on A537. At Broken cross roundabout go straight over and continue over 2nd roundabout. At 3rd roundabout (Regency Hospital on left) bear left (signposted Buxton) and at 4th roundabout continue straight over. At 5th roundabout (Sainsbury's on left) take 3rd exit passing Kings School on your left. At 6th roundabout bear left. At traffic lights turn left into Beech Lane. After going past the Links Garage on the left, Tytherington School is on the right. Pitch and changing facilities are round the back.

From Poynton/Stockport

Take the A523 and follow Tytherington signs. Go through traffic lights by Brocklehurst Arms and shops. Tytherington School is about 500m on the left.

Secretary: Aoife Middlemass, 255 Park Lane, Macclesfield, SK11 8AA

Tel: 01625 348753 or 07875316129

aoifemiddlemass@hotmail.com

Fixture Sec: Alycia Sutton, 3 Blenheim Way, Macclesfield, SK10 3PL

Tel: 07890298066 or 01625 429710

Alycia sutton67@hotmail.com

1st Team Captain: Claire Barlow, 4 Norfolk Walk, Macclesfield, SK10 3EN

Tel: 07800988326 or 01625 828665

Claire7rocks@hotmail.co.uk

2nd Team Captain: As per Fixture Secretary

3rd Team Captain: As per Secretary

4th Team Captain: Helen Johnson, 52 Chiltern Avenue, Macclesfield, SK11 8QW

Tel: 07904844986 or 01625 869253 Helenmj1965@btinternet.com

NESTON SOUTH WIRRAL

Neston Cricket Club, Station Road, Parkgate, Neston Telephone 0151 336 4199

From M56 take exit 11, A540 to Hoylake. Follow A540 until traffic lights at Hinderton Arms pub, turn left down Hinderton Road. At the end of the road turn right and at the cross in Neston town centre turn left into Parkgate Road. The club os on the left shortly before Parkgate front.

Cat Peers, 70 Millfield, Neston, CH64 3TF Secretary:

Tel: 0777964866

catherinepeers@hotmail.co.uk

Gina Redhead Fixture Sec:

Tel: 07786713704

<u>Gsredhead88@gmail.com</u> Sarah Fearnley, Sundorne, Smithy Lane, Willaston 1st Team Captain:

Tel: 07903380264

Miss60 2@hotmail.com

2nd team Captain: Helen Bayram

Tel: 07745115299

helenbayram@gmail.com

3rd Team Captain: Kim Sutherland

Tel: 07743315064

Kim.sutherland@yahoo.co.uk

NORTHOP HALL

Hawarden High School, The Highway, Deeside, Flintshire Also at Buckley Sports Centre (see Buckley)

M6 South then M56 west to the end. Turn left onto the A5117 over a roundabout and then a set of traffic lights turn left onto A550. Just after RAF Sealand the road changes to the A494. Stay on this road up a steep hill and come off at the B5127 to Ewloe and turn left at the bottom of the slip road at a roundabout towards Hawarden. At the next roundabout turn left and follow the main road for about a ³/₄ mile and the school is on the right. Take the 3rd entrance and the changing rooms are at the back of the school.

Carol Edwards, 15 Wood Lane, Pen-Y-Maes, Holywell Secretary:

Tel: 01352 712803

Kay Cook Fixture Sec:

Tel: 07759310600

1st Team Captain: Hannah Price

Tel: 07970399665

2nd Team Captain: As per Fixture Secretary

OSWESTRY

Marches School, Morda road, Oswestry, SY11 2AR

From Chester (North): South on A483, continue to Mile End Roundabout (Esso Service Station) and follow signs into Oswestry town (turn right). Continue past cattle market on the left, college on the right. Highwayman Pub on left, over railway bridge and immediately bear left. Continue past Police station on the right, VW garage on right and to the set of traffic lights to turn left. Continue past Golden Lion on left and turn into the Marches school on the right. Park in the main car park and take the path that goes uphill, between the school buildings and away from the main road. At the top the Sports hall is in front of you with the entrance to the changing rooms down the right hand side opposite the pitch.

Secretary: Doug Davidson, 60 Cabin Lane, Oswestry, SY11 2LL

Tel: 07730057027

Doug.e.davidson@bt.com

Fixtures Sec: Tracey Royle, 16 Cae Haidd, Llanymynech, Powys, SY22 6FA

Tel: 01691 831882 or 07904941594

traceyroyle@btinternet.com

1st Team Captain: Sarah Haynes, 9 Canal Way, Ellesmere, Shropshire, SY12 0FE

Tel: 07910540124

sarahatnufc@btinternet.com

OXTON

Caldy Grange Pitch, Glasspool Fields, Telegraph Road (A540) West Kirby, CH48 1NX

From the North / Liverpool:- Take the Wallasey (Kingsway Tunnel) Tunnel and join M53.Continue onto Moreton Spur A5027. At the roundabout, take Upton Bypass A5027. At the roundabout, take the third exit onto Greasby Road B5139. Continue onto B5139. At the roundabout, take the second exit onto Frankby Road B5139. Turn left onto Hillbark Road B5140. Turn right onto Montgomery Hill B5140. At the roundabout, take the first exit onto Telegraph Road A540. Caldy Rugby Club can be seen on the Left hand Side and the pitch is on the opposite side of the road. From the south:-Leave M53 at Junction 4. Take A5137 towards Brimstage and Heswall. On entering Heswall turn right at the roundabout, taking A540 from Heswall towards West Kirby. After leaving Heswall continue to Thursaston. The road will then go down a sharp hill and as it levels out you will see Caldy Rugby Club on the right. The pitch is located on the opposite side of the road.

From the south, leave M53 at junction 4. Take A5137 towards Brimstage and Heswall. On entering Heswall take right at the roundabout, taking A540from Heswall towards West Kirby. After leaving Hswall continue to Thusaston. The road will then go down a sharp hill and as it levels out you will see Caldy Rugby club on the right. The hockey pitch is located on the opposite side of the road.

Secretary: Ali Mealor, 47 Meols Drive, Hoylake, Wirral, CH47 4AF

Tel: 07967836422 or 0151 632 3548

alimealor@yahoo.co.uk ladiesclubcapt@oxtonhc.co.uk

Fixture Sec: Liz Farren, 98 Hogaryh Drive, Prenton, Wirral, CH43 9JG

Tel: 07970807840

efarren@btinternet.com

1st Team Captain: Hannah Brand

Tel: 07706010975

Han brand01@hotmail.com

2nd Team Captain: Kerry Graves

Tel: 07779989820

Tilly mint2345@yahoo.co.uk

3rd Team Captain: Cath Waller, 9 Princes Ave, West Kirby, Wirral, CH48 7HJ

Tel: 07749860720 or 0151 625 2397

Spike.waller@gmail.com

RHYL & DISTRICT

St Asaph Leisure Centre, Upper Denbigh Road, St Asaph, Denbighshire, LL17 0RP

Come off the A55 at St Asaph and follow signs for Denbigh. Turn right at the top of the hill. The school/sports centre is 800m on the left.

Secretary: Anneka O'Connor, Ffordd Derwen Hotel, 201 Rhuddlan Road, Rhyl, Denbighshire, LL18 2RH

Tel: 07738219864

a.oconnor@glyndwr.ac.uk

Fixture Sec: Hannah Bateman

Tel: 07851553968 hanbateman@gmail.com

1st Team Captain: As Fixture Secretary

RUNCORN

The Heath School, Clifton Road, Runcorn, WA7 4SY Telephone 01928 576664

From M56 Junction 12 follow the Runcorn A557 signs for The Bridge Widnes/Liverpool airport and join the Weston point expressway, take the second exit signposted ICI Rocksavage and at the bottom of the slip road turn right, then take the first exit left at the mini roundabout up Cavendish Farm Road. Follow this road round and take the first right just after the church on to Heath Road South. Continue along this road and turn right at the traffic lights onto Clifton Road. The Heath School is further up Clifton Road on the left hand side.

Secretary: Lauren Bradshaw,

Tel: 07921974978 <u>Lbrad585@aol.com</u>

Fixture Sec: As Secretary

1st Team Captain: As Secretary

2nd Team Captain: As Secretary

SALE

William Hulme's Grammar School, Spring Bridge Road, Manchester Telephone 0161 226 2054

From the M56 the road turns into Princess Road, stay on this road going towards Manchester city centre. Turn left at the traffic lights immediately after Whalley Range 11-18 High School onto Wilbraham Road. Then turn next right into Spring Bank Road. WHGS is on the right.

From the M60 (Stockport direction) Leave the M60 at junction 5 and go towards Manchester City Centre and then follow directions as above.

Secretary: Sue Laister, 15 Hampson Crescent, Handforth, Wilmslow, SK9 3HF

Tel: 01625 251731 or 07908403360

 $\underline{suelaister@outlook.com}$

Fixture Sec: Laura Oldham, 19 Cavendish Road, Stretford, Manchester, M33 0PS

Tel: 07903178474

Sale ladies hockey fixtures@yahoo.co.uk

1st Team Captain: Leanne Edwards, 2 Ashway Clough, Offerton, Stockport, SK2 5NB

Tel: 07538092463

Leanne e uk@yahoo.co.uk

2nd Team Captain: Beth Millman, 26 Melrose Ave, Burtonwood, Warrington, WA5 4LZ

Tel: 07739740205

bethmillman@hotmail.com

3rd Team Captain: Helen Elcock, 30 Granby Road, Stockport, SK2 6ET

Tel: 0161 285 8502 or 07711644540

elcockh@mev.co.uk

TIMPERLEY

Timperley Sports Club, Stockport Road, Timperley, Altrincham, WA15 7LU Telephone 0161 980 4397

From M56 junction 7 - from West there is junction 8 turn right onto A56 towards Altrincham. After approx 2 ¼ miles turn right at traffic lights by Cresta Court Hotel * onto A560 towards Stockport. Pass through the next 3 sets of traffic lights. The club is on the right just before the next set of lights and the Hare and Hounds Pub.

From M60 junction 7 (Altrincham) and turn South onto A56 towards Altrincham. After approx 4 miles turn left at traffic lights after the Cresta Court Hotel then as * above.

Helen Cue, 49 Cedar Road, Hale, Altrincham Secretary:

Tel: 07787638055 hcuey@aol.com

Hannah Ascott, 5 Lynton Grove, Timperley, Cheshire, WA15 7LS Fixture Sec:

Tel: 07790034565

Jana 23 7@hotmail.com

1st Team Captain: As Secretary 2nd Team Captain: As Fixture Secretary

3rd Team Captain: Jo Robinson

Tel: 07941566047 jo@mouseport.co.uk

4th Team Captain: Ruth Maddocks

Tel: 07825818955

Ruth.maddocks@btopenworld.com

5th Team Captain: As secretary

TRITON SOUTH CHESHIRE

Alsager Leisure Centre, Hassall Road, Alsager, Stoke on Trent, Cheshire, ST7 2HP

Take J16 from the M6 follow B5078 to junction with B5077, turn right at traffic lights and then take 4th turn on the left into Hassall Road, turn down Chancery Lane which runs into Lodge Road. The pitch is on the left at the end of the school driveway.

Gareth Mitchell, 32 Hellyar-Brook Road, Alsger, Stoke on Trent, ST7 2YL Secretary:

Tel: 07786623263 Mitch6341@hotmail.com

Fixture Sec: As per Secretary

Sammie Jones, 23 Sens Close, Chester, CH1 2NF 1st Team Captain:

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2nd Team Captain: Julie Harris, 22 Nesfield Drive, Winterley, Sandbach, CW11 4NT

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Julieharris08@sky.com

3rd Team Manager: Jenna Hulme, 7 Skeath Close, Sandbach, CW11 2LR

Tel: 07503073196

Jenna.hulme@hotmail.co.uk

WARRINGTON

Priestley College, Loushers Lane, Warrington, Cheshire, WA4 6RD Tel: 01925 633591

From M56 junction 10, follow A49 towards Warrington for approx 3.5 miles passing through Stockton Heath and a large Morrisons. At the next set of traffic lights turn right onto Loushers Lane, the college is on the left.

Nathalie Long, 24 Beaumont Court, Elphins Drive, Warrington Secretary:

Tel: 07855926139

<u>nathalielong@hotmail.co.uk</u> Steve Fiddy, 24 Grafton Street, Warrington, WA5 1QB Fixture Sec:

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1st Team Captain: Louise Sullivan, 55 Landseer Avenue, Warrington, WA4 6DH

Tel: 07747770296

2nd Team Captain: Laura Page, 16 Littledale Road, Great Sankey, Warrington, WA5 3DQ

Tel: 07921559150 Lpage89@gmail.com

WHITCHURCH

Whitchurch Leisure Centre, Heath Road, Whitchurch, SY13 2BY Telephone 01948 660660

From A49 and A41 (Warrington and Chester) use the by-pass following signs to Shrewsbury until you reach the roundabout signposted Whitchurch Leisure centre and rugby club. The leisure centre is at St Johns Talbot school on the left.

Phil Tranter c/o Cath Reece Gresty Secretary:

Tel: 01270 812604

secretary@whitchurchhockeyclub.com

Fixture Sec: Gary Jones

Tel: 07968871515

fixtures@whitchurchhockeyclub.com

Catherine Gresty, 10 Westbrook Ave, Whitchurch, SY13 1BU 1st Team Captain:

Tel: 07787500867

catherinegresty@hotmail.co.uk

2nd Team Captain: Julia Neale, 2 Waenreef Barn, Ty Broughton, Whitchurch, SY13 3BQ

Tel: 07703791434 julianeale@hotmail.com

WILMSLOW

Oakwood farm, Styal Road, Styal, Wilmslow Telephone 01625 536277

From M56 take the Manchester Airport junction. Take 2^{nd} junction off the roundabout and follow the road to the end. There will be a petrol station on your right at the traffic lights. Turn right here and travel $1\frac{1}{2}$ miles until the National Trust signpost for Quarry Bank Mill turn left after the sign, the Clubhouse is at the end of the track with the astro on your left hand side.

Secretary: Louise Charlesworth, 5 Linnet Close, Offeton, Stockport, SK2 5JP

Tel: 0161 456 2476 or 07881636438

Charlesworth.home@sky.com

Fixture Sec: Susan Wright, Well Cottage, Cross Lane, Wilmslow, SK9 2DB

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susanewright@btinternet.com

1st Team Captain: Cat Lang, Brentwood, Stevens Street, Alderley Edge, SK9 7NL

Tel: 07970167078 Catriona@dswdd.com

2nd Team Captain: Sarah Hayward 74 Highfield Road, Cheadle Hulme, SK8 6EW

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Slr_hayward@hotmail.co.uk

Jenny Smith 26 Buxton Road, Disley, SK1 22EY

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3rd team Captain: Louise Broome, Brooms Farm, Wincle, Macclesfield, Cheshire, SK11 0QL

Tel: 01260 227734 or 07899950337

louisebroome@me.com

WINNINGTON PARK

Sir John Deans 6th Form College, Northwich Telephone 01606 79987 Moss Farm, Moss Road, Winnington, Northwich

Sir John Deans

From Chester: turn off A556 left at Davenham roundabout. Filter left at lights onto Kingsmead, 2nd roundabout turn left SJD's gate on right.

From Manchester right turn off A556 at Davenham roundabout then as above.

Moss Farm

From M56 junction 10 follow A49 south (Whitchurch) to traffic light junction A533 (garage and Little chef). Turn left towards Northwich through Barnton downhill to turn right at traffic lights over swing bridge, pass Winnington Park Recreation club on left at bottom of hill, proceeding uphill to turn right at traffic lights into Moss road. Turn right into Moss Farm centre.

Secretary: Kirsty Robinson, 7 Haslin Crescent, Christleton, Chester, CH3 6AN

Tel: 07791202109

Kirsty.robinson@bankofamerica.com

Fixture Sec: Helen Cartin, 15 Hill Top Road, Aston Bridge, CW8 3RA

Tel: 07779991987 or 01606 852951

helencartin@hotmail.com

1st Team Captain: Sarah Kinder, 2 Abbey House, Abbey Way, Hartford, CW8 1LY

Tel: 07947534015 Sarah-kinder@02@co.uk

2nd team Captain: Maz Rose, 42 Marlowe Road, Northwich, CW9 7GA

Tel: 07779155079

mariellerose@rocketmail.com

WREXHAM

Plas Coch Sports Centre, Newl, Mold Road, Wrexham Telephone 01978 293275

Take the M53 towards Chester/Wrexham, M53 then becomes the A55. Take the A483 towards Wrexham. Leave A483 at junction for Wrexham/Mold and take the Wrexham turn. Turn left at the Homebase roundabout and then right at the next one into Glyndwr University. Sports Centre straight ahead.

Secretary: Mary Bainbridge, 100 Jeffreys Road, Wrexham, LL12 7PS

Tel: 01978 359639

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Fixture Sec: Helen Bainbridge, 5 Eastleigh Close, Wrexham, LL11 2HX

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1st Team Captain: Lianne Preston, 10 Westbourne Drive, Rhostyllen, Wrexham, LL14 4BU

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2nd Team Captain: As above